

PLAN, EXECUTE & LEARN

THE STOP / START / CONTINUE METHOD

There are times when we do such an excellent job of planning and executing that we just keep those processes going forever. Eventually, there isn't enough time in the day for all of these great activities, and we need to decide what to eliminate so we can make room for what our practice needs today. **A simple and effective way to make this decision is with the “stop/start/continue” method.**

STOP

- What isn't working anymore?
- What things are impractical or impede other work?
- What isn't delivering the right impact?
- What is a duplicate of another process?

START

- What things need to be done that aren't currently being done?
- What is worth trying or experimenting with for better results?
- Will it reduce waste?
- Will it add value?

CONTINUE

- What's working well?
- What needs more time to start working?
- Do we like it or need it?



Now ask the team the same questions:

STOP

START

CONTINUE

This week, I commit to do this from the list: